

**Course Title:** **Defensive Tacatics ~ Initial**

**Trainer(s):** **D. Erdman, J. McGarey & W. Poindexter**

**Trainer Qualifications:** **T4T**

**Date Prepared:** **2017 updated**

**Prepared By:** **D. Erdman**

**Length of Training:** **16**

**Recommended Maximum Number of Trainees:** **16**

**Classroom Set-up:** **Mats**

**Trainer Materials:** **Use of Force handouts**

**Testing:** **Performance (Behavioral Skills)**

**Performance Objectives:**

At the conclusion of training, the trainee will be able to:

- a) explain the departments use of force policy**
- b) demonstrate various safety techniques, including blocks and strikes.**
- c) demonstrate ground escapes**
- d) demonstrate basic handcuffing and search techniques, after practical repetition of exercises**
- e) demonstrate weapon retention techniques**

Time/PP Slide/ Trainer's Note/Method	Trainer's Script/Activity/Topic
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<p>(Day 1) Intro &amp; Review Policy 0800-0900hrs Go over Graham vs Connor and Tennessee vs Garner. Demonstration and student practice.</p> <p>0900-1200hrs Demonstration and student practice. Start with Footwork drills to combined Footwork drills</p> <p>1300-1700hrs Demonstration and student practice. Start class with stretching. Optional - Show UOF video clips students and discuss. b</p>	<p><b>Start 0800-1200hrs</b></p> <ul style="list-style-type: none"> <li>• Intro</li> <li>• Review of Dept. Policies: 1) Use of force, 2) Use of Restraints, 3) Liability, 4) Use of O.C.</li> <li>• Inform students of “Tapping out” when pain intolerable</li> <li>• Ask students if they have any injuries.</li> <li>• Stretching</li> <li>• <u>Stances</u></li> <li>• Footwork drills: Interview stance, defensive stance</li> <li>• Shuffle step</li> <li>• Step off line movement</li> <li>• Lunge step</li> <li>• Combine footwork with shuffle step and then lunge step.</li> </ul> <p><b>Lunch 1200-1300hrs</b> <b>Resume 1300-1700hrs</b></p> <ul style="list-style-type: none"> <li>• Stretching</li> <li>• <u>Defensive Strikes</u></li> <li>• Jab – use pads</li> <li>• Power punch – use pads</li> <li>• Elbow strikes – use pads</li> <li>• Knee strikes – use pads</li> <li>• Hammer fist – use pads</li> <li>• Stand up from base</li> <li>• * W/pads – Bob, Bob &amp; weave &amp; pad strikes shoulders</li> <li>• Rocking chair drill</li> <li>• Ask students if they have any injuries.</li> <li>• Scenarios: Non-compliant youth &amp; breaking up a fight.</li> </ul>
<p>0800-1200hrs (Day 2) Demonstration and student practice. Review day 1 0800-0900hrs.</p> <p>1300-1700hrs Demonstration and student practice. After lunch begin Standing Handcuffing.</p>	<p><b>Start 0800-1200hrs</b></p> <ul style="list-style-type: none"> <li>• Ask students if they have any injuries</li> <li>• Review Day 1 techniques</li> <li>• Inform students of “Tapping out” when pain intolerable</li> <li>• <u>Ground Work</u></li> <li>• Ground fighting : Escape from the mount</li> <li>• Ground fighting: Pass the guard</li> <li>• Ground fighting : keep the mount, side control &amp; leg lock</li> <li>• Shrimp out drill</li> <li>•</li> </ul> <p><b>Lunch 1200-1300hrs</b> <b>Resume 1300-1700hrs</b></p> <ul style="list-style-type: none"> <li>• <u>Handcuffing</u></li> <li>• Standing handcuffing: Palms together. Widen base. Have students conduct a search of the person.</li> <li>• <u>Handcuffing</u></li> <li>• From ground: Drag around and step over variation.</li> <li>• <u>Weapon Retention</u></li> <li>• Off side, Strong side &amp; 2 hands on your weapon. Remember to tell students to grab, trap &amp; secure.</li> <li>• Two Officers take down.</li> <li>• <u>Scenario review</u></li> <li>• Sign roster and complete evaluations</li> </ul>