

Chapter No. 5121	Page 1
Issue Date: 02/01/97 Revised: 05/07/19	

**Notes and
References**

COUNSELING, CASEWORK AND PROGRAMMING

I. Assignment of Counseling Services

- A. All youth placed at the Los Prietos Boys Camp (LPBC) will be assigned to a designated mental health clinician. Behavioral Wellness staff will interview the youth, review his file, consult with the youth’s parents and probation officer, and then provide or refer the youth to the appropriate counseling services while at camp.

Refer to Chapter 5116, Program Assessment and Treatment Plan

II. Available Counseling Services/Social Awareness Program

- A. All youth will have the opportunity for programs, exercise and recreation a minimum of three hours per day during the week and five hours per day on non-school days.
 - 1. At least one hour per day will be programming that should be trauma focused, cognitive, evidence-based or best practices that are culturally relevant and linguistically appropriate or are prosocial interventions or activities that are designed to reduce recidivism.
 - 2. Camp programming is reviewed on an annual basis for content, relevancy, and best practices.
- B. The following counseling services, which include programs designed to promote social awareness and reduce recidivism, are available to all youth.
 - 1. Mental health counseling - individual, crisis, and in-Camp family sessions - as needed.
 - 2. Small group counseling – weekly sessions of Moral Reconciliation Therapy (MRT) which facilitates step by step changes in social, moral, and behavioral functioning, facilitated by a mental health clinician.
 - 3. 12-Step meetings—weekly AA and NA meetings.
 - 4. Reasoning and Rehabilitation 2 – conducted two times per week by a community based organization (CBO).

Mental Health Referral Form

Chapter No. 5121	Page 2
Issue Date: 02/01/97 Revised: 05/07/19	

Chapter Title (continued)

**Notes and
References**

5. Juvenile Institutions Officer (JIO)/ Squad counseling- weekly guidance and support, short-term goal setting, behavioral contracting, peer relationships, and case planning. Routine small group meetings will include, but are not limited to: discussion focused on criminal thinking errors, tactics that block change, esteem building, and stress management.
 6. Grief Counseling – Hospice of Santa Barbara is currently providing weekly individual therapy addressing grief and loss.
 7. Joven Noble – conducted two times per week by a CBO.
 8. Equine Therapy – Reins of H.O.P.E. is currently providing weekly equine therapy to small groups addressing trauma.
- C. Additional Program Opportunities
1. Music lessons
 2. Freedom 4 Youth mentoring
 3. Yoga
 4. Writing class
 5. Horticulture
 6. Youth Interactive carpentry program
 7. First Tee
 8. W.A.G.E\$\$
 9. Religious services

Chapter No. 5121	Page 3
Issue Date: 02/01/97 Revised: 05/07/19	

Chapter Title (continued)

**Notes and
References**

- D. Additional services provided:
 - 1. Community Transition Officers (CTOs) - available one day per week at Camp and four days in the community.
 - 2. Probation Officer - ongoing guidance, support, case planning and transition services for aftercare.

III. Treatment Team Review

- A. Ongoing Case Review
 - 1. A Treatment Team will meet regularly to assess the on-going program needs of identified youth. The team will include, but is not limited to, Probation staff, Behavioral Wellness staff and school personnel, all of whom will provide input and develop effective techniques to aid the ward in progressing through the program.
 - 2. Aftercare planning meetings will occur when the youth reaches Senior level to allow assigned CTOs, Probation Officers, Behavioral Wellness staff, and school personnel to collaborate to develop case plans to meet the specific needs of youth nearing graduation/release from LPBC.

IV. Squad Counselor Responsibilities

- A. Orientation
 - 1. All youth receive an initial intake orientation when they arrive at LPBC from a Senior Deputy Probation Officer (Sr. DPO) or designee. In addition, a Sr. JIO or the Squad Counselors should again review with a new squad member the voting system/categories, LPBC rules and procedures, visitation, mail protocol, Camp jobs, telephone access, medical services and general behavioral expectations. This should be done during the first day of a youth's commitment.

Chapter No. 5121	Page 4
Issue Date: 02/01/97 Revised: 05/07/19	

Chapter Title (continued)

**Notes and
References**

2. When the youth is assigned to a squad, the Squad Counselor(s) will read the case file for familiarization with the home environment, family dynamics, prior record, delinquent activities (gang affiliations, etc.), prior placements, school performance, health history, special risk/needs, etc.
 3. Within 48 hours of a youth's intake and assignment, an informational packet and letter of introduction is mailed to the parent(s)/guardian(s) by the Administrative Office Professional.
 4. Squad counselors are to keep the family informed of their son's progress and/or problem areas. Family members are an invaluable resource for case management and aftercare planning strategies. Squad counselors should build a partnership with a youth's family to help ensure support for the goals of LPBC program. Family contact includes, but is not limited to, routine telephone calls to the parent/guardian by the Squad Counselor or in-person meetings with the family during weekend visitation.
- B. Casework
1. Squad Counselors will help their squad members identify problem areas, establish casework and Aftercare goals and pragmatic plans to accomplish these goals.
 2. A Squad Counselor will be the staff most familiar with a youth assigned to their squad. A youth's Squad Counselor is in the best position to assess their individual counseling needs (substance abuse, mental health, family counseling, gang involvement, and behavioral discussion groups) and will assist the youth requesting contact with parents, guardians, attorneys, clergy, DPO, or other public officials.
 3. All youth will be assigned to one of the program's on-site mental health clinicians, with whom it is expected that Squad Counselors and other staff will routinely consult.

Chapter No. 5121	Page 5
Issue Date: 02/01/97 Revised: 05/07/19	

Chapter Title (continued)

**Notes and
References**

4. A Squad Counselor should encourage squad members to assume responsibility by holding Camp jobs and to gain experience/knowledge by participating in vocational training opportunities.
 5. As a youth nears graduation, the Squad Counselor will discuss plans for the youth's smooth transition back home and in the community. Contact with the youth's parent(s)/guardian(s), aftercare CTO, and DPO will aid in establishing an aftercare plan (school, employment, recreation, counseling, home adjustment, legal peer group, reporting schedule, drug testing and GPS monitoring).
- C. On-going duties
1. Counsel youth individually on immediate in-Camp problems, for long-term planning and problem solving.
 2. Facilitate and monitor weekly phone calls.
 3. Review chronos with the youth.
 4. The Squad Counselor will document a youth's progress at LPBC by maintaining notes of contacts with the youth, the youth's parents, Probation Officer, etc., as well as other significant occurrences with the youth in IMPACT chronos. Case management and direct services will be documented.
 - a. Written and verbal concerns of parents/guardian, staff, the DPO, attorney, or other parties pertinent to the youth's case will be addressed and documented in the youth's case file by the Squad Counselor, or the JIO receiving the inquiry, prior to the end of their shift. In the event the matter is not sufficiently resolved, it will be documented and referred up the chain of command for disposition.

Refer to
Chapter 5125,
Home
Visitation
Conditions