Institutional Assessment and Plan

Youth held in Juvenile Hall for 30 days or more will have a treatment/needs assessment developed within forty days of admission. The plan is developed by the Treatment Team. This team is made up of probation staff, medical, mental health and educational and special education staff. The assessment includes information obtained during the admission process with a periodic review and is to include the youth’s risk factors, needs and strengths.

I. The Assessment

A. The assessment includes information obtained during the admission process with a periodic review and is to include the youth’s risk factors, needs and strengths. It also includes:

1. Substance abuse history
2. Educational plan
3. Vocational plan (in concert with school instructors)
4. Counseling and behavioral health plan (as determined by Probation and Mental Health)
5. Consideration of known history of trauma
6. Family strengths and needs, as well as re-unification plan

B. Institutional Case Plan will:

1. Include objectives and timeframes for the resolution of problems identified in the assessment.
2. Identify available program resources and individuals responsible for implementing the plan. Examples:
   a. A youth needing a remedial education program would work with teaching staff to make up lost school credit.
Institutional Assessment and Plan (continued)

b. A youth with severe anger control problems would be counseled by a mental health clinician.

c. A youth with substance abuse issues would participate in weekly drug/alcohol groups, be referred to a mental health clinician and participate in Narcotics/Alcoholics Anonymous.

3. Indicate periodic review dates and discussion of progress toward objectives with youth.

4. Identify an aftercare plan prior to release.
   a. The aftercare plan will be shared with the assigned Deputy Probation Officer (DPO) or other responsible party upon the youth’s release from custody.

5. For youth who are developmentally disabled the plan shall include contact the Regional Center for the Developmentally Disabled (Tri-Counties Regional Center) to prepare a suitable aftercare program.

6. Plans will address continuation of services and transition or referral to providers upon release from custody. This includes services for significant mental health issues, education, and medical follow-up.

C. Completion of Re-Assessment and Plan

   The Treatment Team members will complete a re-assessment and review the Treatment Plan within three months of the initial assessment.

D. Health Issues

1. Health care restrictions will not limit participation of any youth in school, work assignments, exercise and other programs beyond that which is necessary to protect the health of the youth. Examples of youth fitting this category might range from youth with asthma to complex mental, developmental, or physical disabilities.
Institutional Assessment and Plan (continued)

2. Any youth who is suspected or confirmed to be developmentally disabled will be referred to the Tri-Counties Regional Center for purposes of diagnosis and/or treatment.

II. Counseling and Casework

A. The health and well-being of each youth is a priority. Staff will counsel youth relative to personal issues and problems to the extent that their training and skills allow. Complex mental health and medical issues require the attention of trained practitioners in those areas. Youth will be referred to Behavioral Wellness (BW) and medical staff when appropriate.

   1. Juvenile Institutions Officers (JIO) communicate regularly with youth. Patient, caring communication, and Motivational Interviewing \ by staff can help to alleviate a youth’s fears or problems.

   2. Juvenile Hall staff will assist youth in maintaining contact with their parents, attorney, assigned probation officer, clergy and other supportive adults and public officials in a timely manner.

B. While in the juvenile hall, youth will be provided services and programming that may include alcohol/drug counseling/classes, mental health counseling (individual, group, family), medical services, family crisis and reunification (Probation and BW staff), anger management counseling, life skills class, tutoring, mentoring and faith-based services as requested.
Santa Barbara County Probation Department
SMJH Treatment Pre-Assessment/Post Needs Plan

<table>
<thead>
<tr>
<th>Name:</th>
<th>Date:</th>
<th>Reassess Date:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Date of Birth:</td>
<td>Age:</td>
<td>DPO:</td>
</tr>
<tr>
<td>JID #:</td>
<td>ADM#:</td>
<td>Status:</td>
</tr>
<tr>
<td>Date Committed to Hall:</td>
<td>Early Release?</td>
<td>Yes</td>
</tr>
<tr>
<td>ITXP Date:</td>
<td>Release Date:</td>
<td>COPs Minor:</td>
</tr>
</tbody>
</table>

Special Terms & Conditions:
Booking Offense: | Gang Affiliation: |
Medication: Yes | No | Psychological/Psychiatric Report: Yes | No |

Keep Separate/Ct Ord No Contact:

Medical Concerns: Yes | No | Mental Health Issues: Yes | No |

List:

Assessment & Needs Inventory | Service Plan Objectives | Timeline

1. Educational:
   a. School Program
   b. Special Ed, ESL
   c. Life Skills

School Status at Home:
Attending | Not Attending | Graduate

2. Substance Abuse History:
   a. Alcohol
   b. Drugs
   c. Both

3. Counseling Emphasis:
   a. Individual
   b. Family
   c. Peer Group
   d. SAMENOW
   e. Parenting
   f. Victim Awareness
   g. Rape Crisis

Comments:

4. Family Dynamics
   a. Intact/Single Parent/ Guardian
   b. Drug Abuse
   c. Mental Illness
   d. Domestic Violence
      e. Incarcerated -
         Mom | Dad | Both

Institutional Pre-Treatment Assessment/Post Needs Plan
5. Vocational Training
   - a. Unit Cleanup
   - b. Laundry Detail
   - c. General Building/Special Projects Maintenance
   - d. Job Application/Resume
   - e. Life Skills
   - f. Other:

Comments:

6. Family Reunification Plan/Goals: (Input from D.P.O., Parents/Guardians, BW, Medical, CBO, and Juvenile Hall Staff)
   **Timeline**
   - a. Home Parent Guardian Self
   - b. CEC
   - c. Placement Camp
   - d. DJJ
   - e. Other

7. Periodic evaluations and progress reviews by assigned SMJH staff.

8. Aftercare Planning Needs:
   **Timeline**
   - a. Education (Community School)
   - b. Employment Assistance
   - c. Counseling (Individual, Family, Peer Group)
   - d. Drug Testing
   - e. D.P.O. Community Supervision Plan
   - f. Community Based Services (Referrals to Designated treatment providers)
   - g. Young Parent Education
   - h. Life Skills

Comments: (Include discussion of (tutors, mentors, alcohol/drug counseling assets), strengths, and highest needs/risk issued open to youth’s return to the community).