

MINUTES

Santa Barbara Criminal Justice Quality Assurance Committee

January 19, 2017

Santa Barbara County Probation Department
117 E. Carrillo St., Santa Barbara, California

In Attendance:

Tanja Heitman, Probation
Elizabeth Krene, Probation
Kim Shean, Probation
Karyn Milligan, Probation
Carolyn Diaz, Probation
Katie Ward, Santa Barbara Sheriff's Office
Mark Mahurin, Santa Barbara Sheriff's Office
Amy Lopez, Department of Behavioral Wellness
Megan Edwards, Community Solutions, Inc.
Danielle Spain, Community Solutions, Inc.
Matt Hamlin, Coast Valley Substance Abuse Treatment Center
Eduardo Cué, Council on Alcoholism and Drug Abuse
Diane Esparza, Council on Alcoholism and Drug Abuse
Christina Grabowsky, Sanctuary Centers

The meeting was called to order at 11:03 a.m.

- I. **Introductions** – All
 - Attendees provided self-introductions.
- II. **Review of August 10, 2016 Minutes** – All
 - The minutes of the August 10, 2016, Santa Barbara Criminal Justice Quality Assurance (QA) Committee meeting were approved as submitted.
- III. **Self-Assessment Update** – All
 - The group reviewed their plan to have all facilitators/counselors conduct self-assessments as an initial step in review of evidence-based practices within service delivery.
 - Representatives from the Council on Alcoholism and Drug Abuse (CADA) will confer with previous Program Manager John Gabbert regarding the status of the self-assessment tool.
 - A report was provided on the enhancements and modifications made to CADA's programs and detox service.

- Tanja requested that each community based organization (CBO) supply Probation contact information for staff delivering cognitive behavioral therapy (CBT) services, noting which service or curriculum each is providing. This list could be used to communicate trainings and brown bags directly with staff, as well as to solicit additional ideas from them. Katie Ward suggested that regional “brown bag” sessions be arranged for facilitators, thus providing a forum in which service delivery experiences could be shared and ideas for improvement could be exchanged.

Next Steps:

- Probation to electronically circulate self-assessment tool to all QA participants
- All agencies to submit self-assessments to Probation (Elizabeth Krene) by 2-2-17.
- Probation to collate data from self-assessments and circulate results electronically prior to next meeting
- Agencies to submit contact information for facilitators/counselors

IV. Peer Review Update/Timeline for Fidelity Monitoring – All

- Peer assessments were previously identified as the “Phase 2” of continued work toward quality assurance and fidelity checks. The group has not progressed as quickly as anticipated from self-assessments to peer assessments; however, this continues to be the goal.
- Staff from the Santa Barbara Sheriff’s Office will partner with Sanctuary Centers and Coast Valley Substance Abuse Treatment Center to conduct Thinking for a Change (T4C) peer review. Generally, self-assessment is to be completed in advance; however, those CBOs that are prepared to progress to peer review will be allowed to move forward.

V. Local Data/Research Efforts – Kim Shean and Karyn Milligan

- An overview was delivered of data and research efforts underway in the County. This included a general overview of the Results First initiative including discussion of how the concepts are used to inform funding and policy decisions within the county. A draft of the 2017 Results First Work Plan was reviewed with the group and goals to further build upon the initiative in the coming year were shared broadly. In addition, the *Results First Program Inventory* was distributed and participants were asked to provide feedback if service provider information was missing or misrepresented in the document.

VI. Information Regarding Clinical Group Monitoring Protocol – Amy Lopez

- An explanation of Behavioral Wellness’ protocol specific to clinical contract monitoring was provided. ADP Clinical staff are conducting clinical group monitoring of ADP funded treatment programs/groups in each region. Clinical group monitoring includes use of fidelity scales and counselor review. Areas of

review include an Evidence Based Practices (EBP) Model Fidelity Scale, counselor presentation, motivational interviewing, CBT, and trauma informed practices. Monitoring is scheduled at least one week in advance and is meant to be a collaborative approach towards process/program improvement. Feedback is provided; ADP will provide technical assistance and co-facilitation when/where needed.

VII. Agenda Items for Next Meeting – All

- The next QA Committee meeting will be held on March 16, 2017, at 11:00 a.m. via videoconference at the Probation Department's Santa Barbara and Santa Maria offices.
- Suggested discussion topics included the following:
 - Status of aforementioned brown bag sessions
 - Self-assessment update
 - Peer review update/timeline
 - Contract criteria update

VIII. Roundtable – All

- Tanja shared that Santa Barbara County is being highlighted statewide for its extensive work and collaborative efforts in implementing innovative, evidence-based recidivism reduction solutions via partnership with the Pew-MacArthur Results First Initiative. Results First representatives have conveyed interest in the expanding and engaging CBOs in their efforts. CBO interest will be solicited to participate in the process and to meet with Results First to help design a statewide community engagement effort.
- Katie Ward expressed the need to identify someone with experience in the Hazelden 12-step/Medication-Assisted Treatment (MAT) program. Danielle Spain will seek a contact in Fresno County for Katie.
- Amy reported that Behavioral Wellness will soon initiate use of the American Society of Addiction Medicine (ASAM) model. Additional information will be electronically circulated as it becomes available.

The meeting was adjourned at 12:00 p.m.

EK: PS