

SANTA BARBARA COUNTY RESULTS FIRST PROGRAM INVENTORY *last updated May 21, 2018*

Rating Category	Program Name	Specific EBP Registry	Santa Barbara Program Description	Service Provider(s)	Primary Participant Population	Average Duration of Program	Criminogenic Need Addressed
Highest Rated Evidence-Based (Results First Clearinghouse)	Reasoning and Rehabilitation (R&R)	WSIPP	R&R is an evidence-based cognitive behavioral program designed to teach clients impulse control, problem solving techniques and systematic thinking, so that they may develop more empathetic behavior in a social environment.	CSI PRRC & DRC	HR fel probationers, AB109, parolees	7 weeks (2 x wk, 1.5-2 hrs ea)	Antisocial cognition
	Aggression Replacement Training (ART)	WSIPP	ART is a cognitive behavioral intervention focused on training individuals to cope with their aggressive and violent behaviors. It is a multimodal program that has three components; social skills, anger control training, and moral reasoning.	CSI PRRC & DRC	Parolees	10 weeks (2 x wk, 1-1.5 hrs ea)	Antisocial cognition
	Living in Balance (LIB)	NREPP	LIB is a manual-based, comprehensive addiction treatment program that emphasizes relapse prevention. LIB can be delivered on an individual basis or in group settings with relaxation exercises, role-play exercises, discussions, and workbook exercises. The psycho-educational sessions cover topics such as drug education, relapse prevention, available self-help groups, and sexually transmitted diseases (STDs) and are designed to enhance the client's level of functioning in certain key life areas that are often neglected with prolonged drug use: physical, emotional, and social well-being, adult education opportunities, vocational development, daily living skills, spirituality/recovery, sexuality, and recreation/leisure.	Sanctuary, CVSATC	HR, fel, probationers	24 weeks	Substance abuse, physical aggression, and violence-related behavior
	New Directions Cognitive Behavioral Therapy (CBT)	WWR	Drug and alcohol education, relapse prevention, release & reintegration, criminal and addictive thinking.	SBSO STP	HR, fel, probationers	12 weeks	Substance abuse, antisocial cognition
	Work and Gain Economic Self Sufficiency (WAGE\$\$)	WWR, NREPP	Employment and job training programs teach job preparedness and skills that are necessary for the workplace, such as effective job searches, applications, and resumés. Some programs may specifically address barriers to employment for convicted offenders.	PRRC	HR AB109/fel probationers	1 week & individual follow-up sessions as needed	Employment Substance abuse

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Highest Rated Evidence-Based (Results First Clearinghouse)	CBI-EMP	WWR, NREPP	Employment and job training programs teach job preparedness and skills that are necessary for the workplace, such as effective job searches, applications, and resumés. Some programs may specifically address barriers to employment for convicted offenders.	CSI PRRC DRC	HR AB109/fel probationers, parolees	7 weeks (2 x wk, 1.5-2 hrs ea)	Employment Substance abuse
	Employment Assistance	WWR, NREPP	Employment preparation, occupational skills training, job placement, and employment retention services. ServeSafe certification is available.	Goodwill Lompoc, SM, SB	AB109		Employment Substance abuse
	Moral Reconciliation Therapy (MRT)	NREPP	MRT is a systematic treatment strategy that seeks to decrease recidivism among criminal offenders by increasing moral reasoning. Its cognitive-behavioral approach combines elements from a variety of psychological traditions to progressively address ego, social, moral, and positive behavioral growth.	CADA, CVSATC, Good Samaritan, Sanctuary (PRRC)	HR, fel, probationers, AB109	24 weeks (2 x wk)	Substance Abuse, Antisocial cognition
	Seeking Safety	CEBC, NREPP	Seeking Safety is a present-focused treatment for clients with a history of trauma and substance abuse. The treatment was designed for flexible use: group or individual format, male and female clients, and a variety of settings (e.g., outpatient, inpatient, residential).	CVSATC, CADA (Project Recovery), Good Samaritan, Crescent Health Sanctuary	HR probationers, fel, AB109	12-24 weeks (1 x wk, 1.5 hrs ea)	Substance Abuse, Trauma
Second Highest Rated Evidence-Based (Results First Clearinghouse)	Sex Offender Treatment as outlined by the State Approved Risk Assessment Tool for Sex Offenders (SARATSO)	CrimeSolutions.gov	State authorized curricula, intensive treatment, and Containment Model Principles	Anew, Counseling & Psychology Center of America	Sex offenders	12-24 months	Antisocial cognition

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Second Highest Rated Evidence-Based (Results First Clearinghouse)	Hawaii's Opportunity Probation with Enforcement (HOPE)	CrimeSolutions.gov	HOPE is an intensive supervision program that aims to reduce crime and drug use of offenders who have been identified as likely to violate the conditions of their probation. Detected violations have immediate pre designated consequences, including failed drug tests and skipped probation meetings - with swift, certain and appropriate terms of incarceration. Program mandates drug treatment only upon request or for those probationers who do not abstain from drug use while on the testing and sanctions regimen.	Probation	HR probationers	Minimum of 6 months	Substance abuse
	Electronic Monitoring/ Global Positioning System (EM/GPS) (in lieu of jail)	CrimeSolutions.gov	A computer-based tracking device electronically monitors the location of an offender. EM devices are either radio frequency or GPS units. Offenders are generally required to remain at home except for approved activities such as work, school, or treatment. EM is used for probationers, parolees, or pre-trial defendants and can be used in lieu of, or in addition to, confinement. The use of EM varies from lower to higher risk offenders.	SBSO	AB109 HR early releases	Varies	N/A
	Re-Entry Drug Court (RDC)	CrimeSolutions.gov	RDC is an drug court designed to provide re-entry assistance to nonviolent offenders with successful rehabilitation from the use of drugs and/or alcohol. The intent of RDC is to: (1) Provide enhanced services addressing the individual and community needs of the habitual drug offender to reduce this population's high propensity for recidivism. (2) Increase engagement of high risk, chronic drug offenders in treatment. (3) Reduce the number of non-violent, repeat drug offenders committed to prison.	Good Samaritan	HR fel probationers AB109	12-18 months	Substance abuse

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Second Highest Rated Evidence-Based (Results First Clearinghouse)	Substance Abuse Treatment Court (SATC)	CrimeSolutions.gov	<p>SATC addresses underlying problems that led to addiction and subsequent criminal behavior. The program is built upon a partnership between the criminal justice system and the drug treatment community; one which structures treatment intervention around the authority and personal involvement of the Judge. The program utilizes New Direction, Matrix, and MRT.</p> <p>Santa Barbara County's drug court program involves a two-track system; pre-plea SATC and post-plea SATC. The pre-plea SATC track is for medium to low risk misdemeanor or first time felony offenders who have a limited criminal history.</p> <p>The post-plea SATC track is designed to serve high risk/high needs misdemeanor or felony offenders who have a substantial criminal history.</p>	CVSATC, Good Samaritan, CADA, Sanctuary, Crescend Health	<p><u>Pre-plea SATC</u>: Med-low risk misd or first time fel offenders.</p> <p><u>Post-plea SATC</u>: HR/high needs misd or fel offenders.</p>	<p><u>Pre-plea SATC</u>: 6-9 mos. for misd and a minimum of 12 mos. for fel</p> <p><u>Post-plea SATC</u>: minimum of 12 mos.</p>	Substance abuse
	Driving Under the Influence (DUI) Court	CrimeSolutions.gov	The DUI Court program aims to reduce the number of persons killed and injured in alcohol and other drug related collisions in the County. HR, fel, and repeat DUI offenders are held accountable through intensive supervision to ensure compliance with court ordered conditions of probation and to prevent re-arrest on new DUI charges.	CVSATC Santa Maria	HR, fel, and repeat DUI offenders	Varies	Substance abuse
	Matrix Model	CEBC, NREPP	The Matrix Model is an intensive outpatient treatment approach for substance abuse and dependence. The intervention consists of relapse-prevention groups, education groups, social-support groups, individual counseling, and urine and breath testing delivered over a 16-week period. Offenders learn about issues critical to addiction and relapse, receive direction and support from a trained therapist, become familiar with self-help programs, and are monitored for drug use by urine testing.	CADA, Good Samaritan, Sanctuary	HR probationers	24-78 weeks	Substance abuse

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Second Highest Rated Evidence-Based (Results First Clearinghouse)	Mental Health Treatment Court/Dual Diagnosis Court (MHTC/DDX)	CrimeSolutions.gov	Modeled after other therapeutic courts, MH/DDX utilizes mental health assessments, individualized treatment plans, intensive case management, and judicial monitoring to provide participants with the resources needed to avoid criminal behavior while improving public safety.	CVSATC, Sanctuary, Crescend Health	Mental health	12-18 months	Substance abuse, Antisocial cognition
	Thinking For A Change (T4C)	CrimeSolutions.gov	T4C is an integrated, cognitive behavioral change program for offenders that includes cognitive restructuring, social skills development, and development of problem solving skills.	CVSATC, Sanctuary, SBSO STP	HR fel probationers AB109	12 weeks/25 sessions (2 x wk for 12 wks, or 3 x wk for 8 wks)	Antisocial cognition
Undetermined	Veterans Treatment Court (VTC)		VTC serves nonviolent military veteran-offenders with successful rehabilitation from the use of drugs and/or alcohol. The intent of the VTC is to: (1) Affirm veterans' military service while addressing their unique needs by increasing local, culturally competent treatment options with the VA, veteran organizations, and service agencies; (2) Provide a Veteran Mentor Program to support participants in sustaining recovery and sobriety; and (3) Use evidenced-based screening and assessment tools to link the veteran to the appropriate alcohol, drug, mental health, or intervention services, reduce incarceration rates, and facilitate their reintegration back into the community.	CADA, Good Samaritan, CVSATC, VA, CCTC, Central Coast Headway Sanctuary	Veterans	12 to 18 months	Substance abuse Vocational/Educational
	Recovery Oriented System of Care (ROSC)		ROSC is a chronic care model of interim recovery services provided for clients who are placed on treatment waitlists and to deliver aftercare services for individuals who have completed treatment and need/want ongoing services.	CADA, Good Samaritan, CVSATC	HR AB109 fel probationers	Varies	Substance abuse

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Undetermined	General Educational Development (GED) Preparation/ Testing		GED preparation provides individualized instruction in preparation for the GED test and includes the four subject areas covered on the exam. When passed, the GED certifies that the test taker has American high school-level academic skills.	SBSO staff/Jail	General offenders in jail	Varies	Vocational/ Educational
	Literacy Services		Assesses participants' reading levels, creates reading improvement plans, trains participants on computer and program use, regularly reviews participants' progress, and provides mentoring.	Good Samaritan, United Way	HR fel probationers AB109	As needed	Vocational/ Educational
	ServSafe		Online course for basic food safety practices for preparing and serving food. Participants earn food handler certificate.	PRRC, DRC, SBSO staff	HR, parolees	As needed	Employment Substance abuse
	SB Sheriff's Work Alternative Program (SWAP)		Convicted misdemeanants with 60 days or less to serve may apply to SWAP as an alternative to jail. The program involves assignment to one of several work sites throughout the County. Participants may serve their sentences in increments, such as weekends, so as not to affect their full-time jobs. Participants also pay a daily fee to offset the cost of the program.	SBSO staff	General offenders	Varies	N/A
	Personal Development Class		In custody personal development class	SBCC Transitions	Inmates	Varies	N/A

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No statistically significant impact on recidivism	Batterers Intervention Program (BIP)		BIP is a 52-week program legislated by the State of California, and offered throughout Santa Barbara County as an offender pay program. BIP providers are certified by the Probation Department following legislated guidelines on an annual basis.	1st Mexican Baptist Church, Anger Management Services, Zona Seca, CCTC, Addiction Tree Counseling, CSI	Individuals convicted of DV offenses	52 weeks	Antisocial cognition, Anger/Hostility, Family/Marital problems

ACRONYM GLOSSARY

ADMHS: Alcohol, Drug, and Mental Health Services
 CADA: Council on Alcoholism and Drug Abuse
 CCTC: Central Coast Treatment Center
 CDCR: California Department of Corrections and Rehabilitation
 CEBC: California Evidence-Based Clearinghouse for Child Welfare
 CSI: Community Solutions Incorporated
 CVSATC: Coast Valley Substance Abuse Treatment Center

Fel: Felony
 HR: High Risk
 NREPP: National Registry of Evidence Based Programs & Practice
 PRRC: Probation Report and Resource Center
 SAMHSA: Substance Abuse Mental Health Services Admin.
 SBSO: Santa Barbara County Sheriff's Office
 STP: Sheriff's Treatment Program

VA: Veterans Affairs
 VETS: Veterans Entering Treatment Services Grant
 WSIPP: Washington State Institute for Public Policy
 WWR: What works in Reentry Clearinghouse

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