



RESULTS FIRST INITIATIVE

Santa Barbara County

A Clearinghouse of Clearinghouses

Legend

- Highest rated**
The program had a positive impact based on the most rigorous evidence.
- Second-highest rated**
The program had a positive impact based on high-quality evidence.
- Mixed effects**
The program had inconsistent impacts based on high-quality evidence. That is, study findings showed a mix of positive impact, no impact, and/or negative impact.
- No effects**
The program had no impact based on high-quality evidence. That is, there was no difference in outcomes between program participants and those in the comparison group.
- Negative effects**
The program had a negative impact based on high-quality evidence.
- Insufficient evidence**
The program's current research base does not have adequate methodological rigor to determine impact.

The Pew-MacArthur Results First Clearinghouse Database provides users with an easy way to access and understand the evidence base for programs in social policy areas such as behavioral health, criminal justice, education, and public health. More specifically, it allows users to see if there have been rigorous evaluations of a program and, if so, to review information on the program's effectiveness.

*The database contains information from **NINE** national clearinghouses that conduct systematic research reviews to identify what works.*

The database compiles and displays key information from **nine national clearinghouses**¹, including the rating they assigned to each program and the program's description, outcomes, setting, and target population (where available). It also contains a link back to the program's original source page on the clearinghouse website so that users can obtain additional details.

Clearinghouses develop this information by reviewing and summarizing rigorous evaluations of programs within their focus area. Then, they assign a rating to each program using their own methodology and terminology (such as top tier, effective, positive, and model).




The database applies color-coding to the clearinghouses' distinct rating systems, creating a common language that allows users to quickly see where each program falls on a spectrum from negative impact to positive impact. This coding consists of five rating colors that correspond to different levels of impact as shown below.

To address the challenges posed by the existence of multiple clearinghouses, the Results First Clearinghouse Databases has reconciled the different systems and vocabularies and provided the data in a clear, accessible format.







¹ Blueprints; CEBC; CrimeSolutions.gov; NREPP; RTIPs; Social Programs That Work; TPP Evidence Review; What Works for Health; WWC



Adult Program Inventory June 30, 2020

Program Name	Rating	EBP Registry	Santa Barbara Program Description	Service Provider(s)	Primary Participant Population	Average Duration of Program	Criminogenic Need Addressed
Living in Balance (LIB)		NREPP	LIB is a manual-based, comprehensive addiction treatment program that emphasizes relapse prevention. LIB can be delivered on an individual basis or in group settings with relaxation exercises, role-play exercises, discussions, and workbook exercises. The psycho-educational sessions cover topics such as drug education, relapse prevention, available self-help groups, and sexually transmitted diseases (STDs) and are designed to enhance the client's level of functioning in certain key life areas that are often neglected with prolonged drug use: physical, emotional, and social well-being, adult education opportunities, vocational development, daily living skills, spirituality/recovery, sexuality, and recreation/leisure.	Sanctuary, CVSATC, Good Samaritan	High Risk, Medium Risk, felony probationers	24 weeks	Substance abuse
New Directions Cognitive Behavioral Therapy (CBT)		WWR	Drug and alcohol education, relapse prevention, release and reintegration, criminal and addictive thinking.	SBSO STP	High Risk, Medium Risk, felony probationers	12 weeks	Substance abuse, antisocial cognition
Seeking Safety		CEBC, NREPP, CrimeSolutions.gov	Seeking Safety is a present-focused treatment for clients with a history of trauma and substance abuse. The treatment was designed for flexible use: group or individual format, male and female clients, and a variety of settings (e.g., outpatient, inpatient, residential).	CVSATC, CADA (Project Recovery), Good Samaritan, Crescend Health Sanctuary	High Risk, Medium Risk, felony probationers, PRCS, PSS	12-24 weeks (1x wk, 1.5 hrs ea)	Substance abuse




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Employment Assistance		CrimeSolutions.gov	Employment preparation, occupational skills training, job placement, and employment retention services including subsidized employment. ServeSafe certification available.	Goodwill Lompoc, SM, SB	PRCS, PSS		Vocational/ Educational
Reasoning and Rehabilitation (R&R)		CrimeSolutions.gov	R&R is an evidence-based cognitive behavioral program designed to teach clients impulse control, problem solving techniques and systematic thinking, so that they may develop more empathetic behavior in a social environment.	CSI PRRC & DRC	High Risk, Medium Risk, Felony Probationers, PRCS, PSS	7 weeks (2x wk, 1.5-2 hrs ea)	Antisocial cognition
Moral Reconciliation Therapy (MRT)		NREPP	MRT is a systematic treatment strategy that seeks to decrease recidivism among criminal offenders by increasing moral reasoning. Its cognitive-behavioral approach combines elements from a variety of psychological traditions to progressively address ego, social, moral, and positive behavioral growth.	CADA, CVSATC, Good Samaritan,	High Risk, Medium Risk, felony probationers, PRCS, PSS	24 weeks, (2x wk)	Substance abuse, antisocial cognition
Sex Offender Treatment as outlined by the State Approved Risk Assessment Tool for Sex Offenders (SARATSO)		CrimeSolutions.gov	State authorized curricula, intensive treatment, and Containment Model Principles.	Anew, Counseling & Psychology Center of America, HOPE	Sex Offenders	12-24 months	Antisocial cognition






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Electronic Monitoring/Global Positioning System (EM/GPS) (in lieu of jail)		CrimeSolutions.gov	A computer-based tracking device electronically monitors the location of the offender. EM devices are either radio frequency or GPS units. Offenders are generally required to remain at home except for approved activities such as work, school, or treatment. EM is used for probationers, parolees, or pre-trial defendants and can be used in lieu of, or in addition to, confinement. The use of the EM varies from lower to higher risk offenders.	SBSO, Probation	PRCS, PSS, High Risk, Medium Risk, Early Releases, Pretrial Release clients	Varies	N/A
Re-Entry Drug Court (RDC)		CrimeSolutions.gov	RDC is a drug court designed to provide re-entry assistance to nonviolent offenders with successful rehabilitation from the use of drugs and/or alcohol. The intent of RDC is to: (1) Provide enhanced services addressing the individual and community needs of the habitual drug offender to reduce this population's high propensity for recidivism. (2) Increase engagement of high risk, chronic drug offenders in treatment. (3) Reduce the number of non-violent, repeat drug offenders committed to prison.	Good Samaritan SM	High Risk, Medium Risk, felony probationers, PRCS, PSS	12-18 months	Substance abuse

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Substance Abuse Treatment		CrimeSolutions.gov	SATC addresses underlying problems that led to addiction and subsequent criminal behavior. The program is built upon a partnership between the criminal justice system and the drug treatment community; one which structures treatment intervention around the authority and personal involvement of the Judge. The program utilizes New Direction, Matrix, and MRT. Santa Barbara County's drug court program involves a two-track system; pre-plea SATC and post plea SATC. The pre-plea SATC track is for medium to low risk misdemeanor or first time felony offenders who have a limited criminal history. The post-plea SATC track is designed to serve high risk/high needs misdemeanor or felony offenders who have a substantial criminal history.	CVSATC, CADA (Project Recovery), Good Samaritan, Sanctuary, Crescend Health, LAGS	<u>Pre-plea SATC:</u> Medium-Low Risk Misdemeanors or First Time Felony Offenders <u>Post-plea SATC:</u> High Risk/High Needs Misdemeanors or Felony Offenders	Pre-plea SATC: 6-9 mos. For misd and a minimum of 12 mos. For fel Post-plea SATC: minimum of 12 mos.	Substance Abuse
Driving Under the Influence (DUI) Court		CrimeSolutions.gov	The DUI Court program aims to reduce the number of persons killed and injured in alcohol and other drug related collisions in the County. HR, fel, and repeat DUI offenders are held accountable through intensive supervision to ensure compliance with court ordered conditions of probation and to prevent re-arrest on new DUI charges.	CVSATC Santa Maria	High Risk, Medium Risk, Felony, and repeat DUI offenders	Varies	Substance Abuse
Mental Health Treatment Court/Dual Diagnosis Court (MHTC/DDX)		CrimeSolutions.gov	Modeled after other therapeutic courts, MH/DDX utilizes mental health assessments, individualized treatment plans, intensive case management, and judicial monitoring to provide participants with the resources needed to avoid criminal behavior while improving public safety.	CVSATC, Sanctuary, Crescend Health, Good Samaritan	Mental health	12-18 months	Substance abuse, antisocial cognition

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Thinking For a Change (T4C)		CrimeSolutions.gov	T4C is an integrated, cognitive behavioral change program for offenders that includes cognitive restructuring, social skills development, and development of problem solving skills.	CVSATC, SBSO STP	High Risk, Medium Risk, Felony Probationers, PRCS, PSS	12 weeks/25 sessions (2x wk for 12 wks, or 3x wk for 8 wks)	Antisocial cognition
Courage to Change (C2C)		CrimeSolutions.gov	 The C2C journaling system is a cognitive-behavioral, MI infused, curriculum that includes nine journal/modules: Getting Started, Social Values, Responsible Thinking, Self-Control, Peer Relationships, Family Ties, Substance Use, Seeking Employment, and Recreation and Leisure. This system allows participants to address and target criminogenic needs in a manner that is both flexible and customizable, based upon individual risk, responsivity, and programmatic needs and provides skills to enable offenders to react more appropriately to situations that trigger their criminal behavior.	CSI PRRC, CSI STP	PRCS, PSS	Varies	Employment, substance abuse, antisocial cognition
General Educational Development (GED) Preparation / Testing		CrimeSolutions.gov	GED preparation provides individualized instruction in preparation for the GED test and includes the four subject areas covered on the exam. When passed, the GED certifies that the test taker has American high school-level academic skills.	SBSO staff/Jail	General Offenders in Jail	Varies	Vocational, educational
Work and Gain Economic Self Sufficiency (WAGE\$\$)		CrimeSolutions.gov	Employment and job training programs teach job preparedness and skills that are necessary for the workplace, such as effective job searches, applications, and resumes. Some programs may specifically address barriers to employment for convicted offenders.	PRRC	High Risk, PRCS, PSS, Felony Probationers	1 week & individual follow-up sessions as needed	Vocational, educational

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SB Sheriff's Work Alternative Program (SWAP)	▲	N/A	Convicted misdemeanants with 60 days or less to serve may apply to SWAP as an alternative to jail. The program involves assignment to one of the several work sites throughout the County. Participants also pay a daily fee to offset the cost of the program.	SBSO staff	General Offenders	Varies	Vocational, educational
Batterers Intervention Program (BIP)	▲	N/A	The STOP Domestic Violence Program integrates innovative interventions and client-centered guidelines to treat male domestic violence offenders. STOP is presented in a 26 week psychoeducational format. Streets 2 Schools is a 16 week online program that uses psycho-educational, cognitive-behavioral, positive reinforcement, and prevention/intervention strategies.	<div style="position: absolute; top: -20px; left: 50%; transform: translate(-50%, -50%); background-color: red; color: white; padding: 2px; font-weight: bold;">PILOT</div> Anger Management Services, Zona Seca, CCTC, Addiction Tree Counseling, CSI, Streets to Schools	Individuals convicted of DV offenses	16 or 26 weeks depending on risk level; may be augmented with additional CBT based for higher risked clients	Antisocial cognition, family/marital
Veterans Treatment Court (VTC)	▲	N/A	VTC serves nonviolent military veteran-offenders with successful rehabilitation from the use of drugs and/or alcohol. The intent of the VTC is to: (1) Affirm veterans' military service while addressing their unique needs by increasing local, culturally competent treatment options with the VA, veteran organizations, and service agencies; (2) Provide a Veteran Mentor Program to support participants in sustaining recovery and sobriety; and (3) Use evidenced-based screening and assessment tools to link the veteran to the appropriate alcohol, drug, mental health, or intervention services, reduce incarceration rates, and facilitate their reintegration back into the community.	CADA, Good Samaritan, CVSATC, VA, CCTC, Central Coast Headway, Sanctuary	Veterans	12 - 18 months	Substance abuse, vocational, educational

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Recovery Oriented System of CARE (ROSC)	▲	N/A	ROSC is a chronic care model of interim recovery services provided for clients who are placed on treatment waitlists and to deliver aftercare services for individuals who have completed treatment and need/want ongoing services.	CADA, Good Samaritan,	High Risk, Medium Risk, PRCS, PSS, Felony Probationers	Varies	Substance abuse

ACRONYM GLOSSARY

CADA: Council on Alcoholism and Drug Abuse

CCTC: Central Coast Treatment Center

CDCR: California Department of Corrections and Rehabilitation

CEBC: California Evidence-Based Clearing house for Child Welfare

Fel: Felony

NREPP: National Registry of Evidence Based Programs & Practice

PRRC: Probation Report and Resource Center

SAMHSA: Substance Abuse Mental Health Services Admin.

VA: Veterans Affairs

VETS: Veterans Entering Treatment Services Grant

WSIPP: Washington State Institute for Public Policy

WWR: What works in Reentry Clearinghouse